

**Supplies for art journaling:** Upon confirmation your course is running, be sure you have the following items

An art book, preferably a book with thick paper (good examples are Strathmore or Canson with mixed media paper). I find the best size for a book to start with is about 5-6 in x 8 in.

Scissors, Glue, Pens or pencils *to draw and write with* Photo copies of photographs, (**no** laser or inkjet prints)

Words and quotes from catalogues and magazines you would like incorporate to your journal pages.

Acrylic gel medium (mat),

Old magazines you don't mind cutting in too.

Paper towels and wear clothing or an apron you don't mind getting messy.

Other art mediums you can also bring: Water colours (tubes, pans or water colour pencils or crayons), acrylic paint (craft paint), brushes, colour pencils, ink pens and markers, Inks, pastels and or wax crayons, old books and photos, stamps, scrap papers, tissue paper, doilies, ribbon, stencils... collect as you go!