

Staff, Instructor and Student Health Monitoring

At the beginning of each shift or class, each person must answer the following self-assessment questions:

Do you suffer from severe difficulty in breathing?

Do you have shortness of breath?

Do you have severe chest pain?

Are you feeling confused?

Do you have a high fever (>37.8 C)?

Do you have chills?

Do you have a cough that is new or worsening?

Do you have a sore throat?

Do you have a runny or stuffy/congested nose (other than seasonal allergies)?

Do you feel extreme fatigue?

If you answered yes to any of the above, please do not enter the KSOA, and we suggest that you contact a doctor or telehealth re having a test for COVID-19. Telehealth: 1-866-797-000.

Name: _____

No to all of the above.

Date & Initial: _____